

SHSV Meisterschaften "LANGE STRECKEN" 2009
 Elmshorn, 12. - 13.12.2009
 Live-Ergebnisse dienen nur der Information und sind nicht offiziell!

Wettkampf 7 Männer, 800m Freistil offene Klasse
 13.12.09 - 15:25 Protokoll

SHSV Lange Strecke 13: 11:40.00; 14: 11:30.00; 15: 11:20.00; 16: 11:10.00; 17: 10:55.00; offene Klasse: 10:40.00

Punkte: Rudolph Table 2008

Platz	Name	JG	Verein	Zeit	Pkt.
offene Klasse					
1.	KLÜVER, Leif-Henning <i>Landesmeister</i>	93	TSV RW Niebüll	8:36.32	17,3
	100m: 1:00.45 1:00.45	300m: 3:09.59 1:04.83	500m: 5:21.43 1:05.70	700m: 7:32.98 1:05.46	
	200m: 2:04.76 1:04.31	400m: 4:15.73 1:06.14	600m: 6:27.52 1:06.09	800m: 8:36.32 1:03.34	
2.	MUFFELS, Rob	94	STE	8:45.26	17,3
	100m: 1:01.91 1:01.91	300m: 3:13.51 1:06.00	500m: 5:27.05 1:06.93	700m: 7:39.78 1:06.13	
	200m: 2:07.51 1:05.60	400m: 4:20.12 1:06.61	600m: 6:33.65 1:06.60	800m: 8:45.26 1:05.48	
3.	DÖRRIES, Florian	92	STE	8:47.45	14,7
	100m: 59.55 59.55	300m: 3:11.84 1:06.94	500m: 5:27.39 1:07.75	700m: 7:43.21 1:07.86	
	200m: 2:04.90 1:05.35	400m: 4:19.64 1:07.80	600m: 6:35.35 1:07.96	800m: 8:47.45 1:04.24	
4.	RIJKENS, Hendrik	93	STE	8:58.80	14,4
	100m: 1:01.60 1:01.60	300m: 3:16.11 1:07.59	500m: 5:32.70 1:08.16	700m: 7:50.70 1:09.39	
	200m: 2:08.52 1:06.92	400m: 4:24.54 1:08.43	600m: 6:41.31 1:08.61	800m: 8:58.80 1:08.10	
5.	HARGENS, Phil Niclas	95	STE	9:04.70	17,2
	100m: 1:01.96 1:01.96	300m: 3:18.48 1:08.93	500m: 5:37.54 1:09.49	700m: 7:57.23 1:09.60	
	200m: 2:09.55 1:07.59	400m: 4:28.05 1:09.57	600m: 6:47.63 1:10.09	800m: 9:04.70 1:07.47	
6.	KRÜGER, Julius	90	Möllner SV	9:12.58	7,5
	100m: 1:04.05 1:04.05	300m: 3:22.83 1:09.85	500m: 5:43.80 1:10.64	700m: 8:04.30 1:09.96	
	200m: 2:12.98 1:08.93	400m: 4:33.16 1:10.33	600m: 6:54.34 1:10.54	800m: 9:12.58 1:08.28	
7.	HEIDTMANN, Jacob	94	STE	9:19.05	13,0
	100m: 1:04.80 1:04.80	300m: 3:25.68 1:10.93	500m: 5:47.44 1:10.97	700m: 8:09.66 1:10.76	
	200m: 2:14.75 1:09.95	400m: 4:36.47 1:10.79	600m: 6:58.90 1:11.46	800m: 9:19.05 1:09.39	
8.	KAMP, Michael	92	STE	9:20.42	10,3
	100m: 1:00.17 1:00.17	300m: 3:22.60 1:11.35	500m: 5:46.69 1:12.27	700m: 8:12.31 1:12.75	
	200m: 2:11.25 1:11.08	400m: 4:34.42 1:11.82	600m: 6:59.56 1:12.87	800m: 9:20.42 1:08.11	
9.	SIERCK, Tobias	95	STE	9:20.72	15,3
	100m: 1:05.58 1:05.58	300m: 3:27.50 1:10.62	500m: 5:49.97 1:11.52	700m: 8:13.34 1:11.32	
	200m: 2:16.88 1:11.30	400m: 4:38.45 1:10.95	600m: 7:02.02 1:12.05	800m: 9:20.72 1:07.38	
10.	RÖHRIG, Dominik	95	SG WaRa Norderstedt	9:30.92	14,0
	100m: 1:04.26 1:04.26	300m: 3:29.12 1:12.68	500m: 5:55.14 1:12.61	700m: 8:20.84 1:12.67	
	200m: 2:16.44 1:12.18	400m: 4:42.53 1:13.41	600m: 7:08.17 1:13.03	800m: 9:30.92 1:10.08	
11.	TEEGEN, Sven	80	SV Wiking Kiel	9:32.75	4,7
	100m: 1:03.45 1:03.45	300m: 3:27.61 1:12.44	500m: 5:55.05 1:14.05	700m: 8:22.69 1:13.64	
	200m: 2:15.17 1:11.72	400m: 4:41.00 1:13.39	600m: 7:09.05 1:14.00	800m: 9:32.75 1:10.06	
12.	KONHEISER, Lars	94	STE	9:37.09	10,7
	100m: 1:07.29 1:07.29	300m: 3:32.47 1:13.29	500m: 5:59.39 1:13.51	700m: 8:26.55 1:13.83	
	200m: 2:19.18 1:11.89	400m: 4:45.88 1:13.41	600m: 7:12.72 1:13.33	800m: 9:37.09 1:10.54	
13.	NIETSCHKE, Jan-Phillip	95	STE	9:39.59	12,9
	100m: 1:06.48 1:06.48	300m: 3:32.47 1:13.36	500m: 5:58.91 1:13.43	700m: 8:27.01 1:14.01	
	200m: 2:19.11 1:12.63	400m: 4:45.48 1:13.01	600m: 7:13.00 1:14.09	800m: 9:39.59 1:12.58	
14.	REINECKE, Raphael	92	SG Bad Schwartau	9:39.78	7,7
	100m: 1:04.71 1:04.71	300m: 3:29.85 1:13.12	500m: 5:57.96 1:14.31	700m: 8:27.54 1:14.70	
	200m: 2:16.73 1:12.02	400m: 4:43.65 1:13.80	600m: 7:12.84 1:14.88	800m: 9:39.78 1:12.24	
15.	TILLY, Justus	94	STE	9:46.33	9,5
	100m: 1:06.85 1:06.85	300m: 3:32.83 1:13.92	500m: 6:03.61 1:15.56	700m: 8:34.29 1:15.34	
	200m: 2:18.91 1:12.06	400m: 4:48.05 1:15.22	600m: 7:18.95 1:15.34	800m: 9:46.33 1:12.04	

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Wettkampf 7, Männer, 800m Freistil, offene Klasse

Platz	Name	JG	Verein	Zeit	Pkt.
16.	VALENTIN, Nico	94	FC Voran e.V. Ohe von 1949	9:46.79	9,4
	100m: 1:08.07 1:08.07	300m: 3:36.60 1:14.49	500m: 6:05.68 1:14.49	700m: 8:33.44 1:13.34	
	200m: 2:22.11 1:14.04	400m: 4:51.19 1:14.59	600m: 7:20.10 1:14.42	800m: 9:46.79 1:13.35	
17.	KLÜVER, Lars-Kevin	96	TSV RW Niebüll	9:50.50	14,4
	100m: 1:08.00 1:08.00	300m: 3:36.61 1:14.58	500m: 6:06.68 1:15.08	700m: 8:37.47 1:15.48	
	200m: 2:22.03 1:14.03	400m: 4:51.60 1:14.99	600m: 7:21.99 1:15.31	800m: 9:50.50 1:13.03	
18.	JANKE, Maximilian	92	Flensburger SK von 1930	9:54.78	5,8
	100m: 1:06.45 1:06.45	300m: 3:33.25 1:14.65	500m: 6:05.98 1:16.58	700m: 8:40.16 1:17.31	
	200m: 2:18.60 1:12.15	400m: 4:49.40 1:16.15	600m: 7:22.85 1:16.87	800m: 9:54.78 1:14.62	
19.	MALCHOW, Jerrik	95	SG WaRa Norderstedt	9:58.72	10,6
	100m: 1:08.48 1:08.48	300m: 3:38.29 1:15.25	500m: 6:10.12 1:15.99	700m: 8:43.80 1:17.18	
	200m: 2:23.04 1:14.56	400m: 4:54.13 1:15.84	600m: 7:26.62 1:16.50	800m: 9:58.72 1:14.92	
20.	DAHMEN, Mats Broder	94	SG WaRa Norderstedt	9:59.40	7,8
	100m: 1:08.96 1:08.96	300m: 3:39.33 1:16.25	500m: 6:11.59 1:15.65	700m: 8:43.44 1:15.75	
	200m: 2:23.08 1:14.12	400m: 4:55.94 1:16.61	600m: 7:27.69 1:16.10	800m: 9:59.40 1:15.96	
21.	BUSCHBECK, Malte	95	SG WaRa Norderstedt	9:59.46	10,5
	100m: 1:08.98 1:08.98	300m: 3:41.50 1:16.59	500m: 6:13.44 1:15.92	700m: 8:45.72 1:16.06	
	200m: 2:24.91 1:15.93	400m: 4:57.52 1:16.02	600m: 7:29.66 1:16.22	800m: 9:59.46 1:13.74	
22.	KLUDT, Thomas	95	SG WaRa Norderstedt	9:59.61	10,4
	100m: 1:09.80 1:09.80	300m: 3:42.09 1:16.69	500m: 6:15.26 1:16.75	700m: 8:47.46 1:16.14	
	200m: 2:25.40 1:15.60	400m: 4:58.51 1:16.42	600m: 7:31.32 1:16.06	800m: 9:59.61 1:12.15	
23.	MUNDT, Alexander	95	FC Voran e.V. Ohe von 1949	10:00.60	10,3
	100m: 1:09.16 1:09.16	300m: 3:41.79 1:16.57	500m: 6:14.40 1:15.91	700m: 8:46.95 1:16.04	
	200m: 2:25.22 1:16.06	400m: 4:58.49 1:16.70	600m: 7:30.91 1:16.51	800m: 10:00.60 1:13.65	
24.	CHRISTIANSEN, Lars	96	TSV Schlutup	10:10.53	12,1
	100m: 1:10.68 1:10.68	300m: 3:44.06 1:17.35	500m: 6:20.41 1:18.38	700m: 8:55.78 1:17.26	
	200m: 2:26.71 1:16.03	400m: 5:02.03 1:17.97	600m: 7:38.52 1:18.11	800m: 10:10.53 1:14.75	
25.	WARSEGOW, Edward	96	SG Neumünster	10:15.30	11,5
	100m: 1:12.53 1:12.53	300m: 3:50.16 1:19.54	500m: 6:26.70 1:17.82	700m: 9:02.52 1:17.86	
	200m: 2:30.62 1:18.09	400m: 5:08.88 1:18.72	600m: 7:44.66 1:17.96	800m: 10:15.30 1:12.78	
26.	RÖHRIG, Philipp	94	SG WaRa Norderstedt	10:16.16	5,7
	100m: 1:09.20 1:09.20	300m: 3:42.47 1:16.45	500m: 6:19.69 1:18.66	700m: 8:58.10 1:18.28	
	200m: 2:26.02 1:16.82	400m: 5:01.03 1:18.56	600m: 7:39.82 1:20.13	800m: 10:16.16 1:18.06	
27.	VÖLKEL, Lukas	96	Flensburger SK von 1930	10:17.05	11,3
	100m: 1:10.42 1:10.42	300m: 3:45.27 1:18.05	500m: 6:24.09 1:19.66	700m: 9:00.99 1:18.86	
	200m: 2:27.22 1:16.80	400m: 5:04.43 1:19.16	600m: 7:42.13 1:18.04	800m: 10:17.05 1:16.06	
28.	MÜLLER-SCHÖNEMANN, Jan Philipp	95	SG WaRa Norderstedt	10:26.05	7,2
	100m: 1:12.20 1:12.20	300m: 3:48.26 1:18.80	500m: 6:28.18 1:19.65	700m: 9:09.19 1:20.91	
	200m: 2:29.46 1:17.26	400m: 5:08.53 1:20.27	600m: 7:48.28 1:20.10	800m: 10:26.05 1:16.86	
29.	SACHSE, Kai Robin	93	SG WaRa Norderstedt	10:29.42	2,5
	100m: 1:10.48 1:10.48	300m: 3:50.36 1:20.76	500m: 6:32.03 1:21.39	700m: 9:11.13 1:18.39	
	200m: 2:29.60 1:19.12	400m: 5:10.64 1:20.28	600m: 7:52.74 1:20.71	800m: 10:29.42 1:18.29	
30.	LEVSEN, Sören	91	Flensburger SK von 1930	10:30.28	
	100m: 1:11.03 1:11.03	300m: 3:47.37 1:18.97	500m: 6:29.05 1:20.96	700m: 9:11.56 1:21.12	
	200m: 2:28.40 1:17.37	400m: 5:08.09 1:20.72	600m: 7:50.44 1:21.39	800m: 10:30.28 1:18.72	
31.	HOFFMANN, Arne	96	Flensburger SK von 1930	10:55.38	6,7
	100m: 1:13.91 1:13.91	300m: 4:01.70 1:24.59	500m: 6:51.06 1:25.82	700m: 9:37.93 1:22.81	
	200m: 2:37.11 1:23.20	400m: 5:25.24 1:23.54	600m: 8:15.12 1:24.06	800m: 10:55.38 1:17.45	
32.	AHRENS, Christoph	94	SG Neumünster	10:58.98	
	100m: 1:13.97 1:13.97	300m: 4:03.11 1:25.00	500m: 6:53.06 1:24.58	700m: 9:42.10 1:23.82	
	200m: 2:38.11 1:24.14	400m: 5:28.48 1:25.37	600m: 8:18.28 1:25.22	800m: 10:58.98 1:16.88	

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Wettkampf 7, Männer, 800m Freistil, offene Klasse

Platz	Name	JG	Verein	Zeit	Pkt.
33.	STRÜBING, Lennart	95	Ahrensburger TSV	11:03.12	2,6
	100m: 1:13.84 1:13.84	300m: 4:01.38 1:24.74	500m: 6:51.43 1:25.57	700m: 9:41.81 1:25.22	
	200m: 2:36.64 1:22.80	400m: 5:25.86 1:24.48	600m: 8:16.59 1:25.16	800m: 11:03.12 1:21.31	
34.	DAENE, Lasse	95	Möllner SV	11:24.17	
	100m: 1:16.82 1:16.82	300m: 4:11.23 1:27.81	500m: 7:07.66 1:28.19	700m: 10:03.18 1:27.80	
	200m: 2:43.42 1:26.60	400m: 5:39.47 1:28.24	600m: 8:35.38 1:27.72	800m: 11:24.17 1:20.99	
35.	ADRIA, Maximilian	95	SG WaRa Norderstedt	11:27.45	
	100m: 1:14.94 1:14.94	300m: 4:06.75 1:27.49	500m: 7:04.93 1:29.28	700m: 10:01.90 1:27.86	
	200m: 2:39.26 1:24.32	400m: 5:35.65 1:28.90	600m: 8:34.04 1:29.11	800m: 11:27.45 1:25.55	
36.	STEINBERG, Lasse	96	STE	11:42.61	1,1
	100m: 1:18.99 1:18.99	300m: 4:16.91 1:30.58	500m: 7:16.19 1:29.91	700m: 10:15.39 1:29.48	
	200m: 2:46.33 1:27.34	400m: 5:46.28 1:29.37	600m: 8:45.91 1:29.72	800m: 11:42.61 1:27.22	
37.	BAHNSEN, Lasse	92	Flensburger SK von 1930	11:52.23	
	100m: 1:19.05 1:19.05	300m: 4:20.99 1:31.31	500m: 7:23.39 1:31.16	700m: 10:24.48 1:30.11	
	200m: 2:49.68 1:30.63	400m: 5:52.23 1:31.24	600m: 8:54.37 1:30.98	800m: 11:52.23 1:27.75	

Jahrgang 1992

1.	DÖRRIES, Florian <i>Landesmeister</i>	92	STE	8:47.45	14,7
	100m: 59.55 59.55	300m: 3:11.84 1:06.94	500m: 5:27.39 1:07.75	700m: 7:43.21 1:07.86	
	200m: 2:04.90 1:05.35	400m: 4:19.64 1:07.80	600m: 6:35.35 1:07.96	800m: 8:47.45 1:04.24	
2.	KAMP, Michael	92	STE	9:20.42	10,3
	100m: 1:00.17 1:00.17	300m: 3:22.60 1:11.35	500m: 5:46.69 1:12.27	700m: 8:12.31 1:12.75	
	200m: 2:11.25 1:11.08	400m: 4:34.42 1:11.82	600m: 6:59.56 1:12.87	800m: 9:20.42 1:08.11	
3.	REINECKE, Raphael	92	SG Bad Schwartau	9:39.78	7,7
	100m: 1:04.71 1:04.71	300m: 3:29.85 1:13.12	500m: 5:57.96 1:14.31	700m: 8:27.54 1:14.70	
	200m: 2:16.73 1:12.02	400m: 4:43.65 1:13.80	600m: 7:12.84 1:14.88	800m: 9:39.78 1:12.24	
4.	JANKE, Maximilian	92	Flensburger SK von 1930	9:54.78	5,8
	100m: 1:06.45 1:06.45	300m: 3:33.25 1:14.65	500m: 6:05.98 1:16.58	700m: 8:40.16 1:17.31	
	200m: 2:18.60 1:12.15	400m: 4:49.40 1:16.15	600m: 7:22.85 1:16.87	800m: 9:54.78 1:14.62	
5.	BAHNSEN, Lasse	92	Flensburger SK von 1930	11:52.23	
	100m: 1:19.05 1:19.05	300m: 4:20.99 1:31.31	500m: 7:23.39 1:31.16	700m: 10:24.48 1:30.11	
	200m: 2:49.68 1:30.63	400m: 5:52.23 1:31.24	600m: 8:54.37 1:30.98	800m: 11:52.23 1:27.75	

Jahrgang 1993

1.	KLÜVER, Leif-Henning <i>Landesmeister</i>	93	TSV RW Niebüll	8:36.32	17,3
	100m: 1:00.45 1:00.45	300m: 3:09.59 1:04.83	500m: 5:21.43 1:05.70	700m: 7:32.98 1:05.46	
	200m: 2:04.76 1:04.31	400m: 4:15.73 1:06.14	600m: 6:27.52 1:06.09	800m: 8:36.32 1:03.34	
2.	RIJKENS, Hendrik	93	STE	8:58.80	14,4
	100m: 1:01.60 1:01.60	300m: 3:16.11 1:07.59	500m: 5:32.70 1:08.16	700m: 7:50.70 1:09.39	
	200m: 2:08.52 1:06.92	400m: 4:24.54 1:08.43	600m: 6:41.31 1:08.61	800m: 8:58.80 1:08.10	
3.	SACHSE, Kai Robin	93	SG WaRa Norderstedt	10:29.42	2,5
	100m: 1:10.48 1:10.48	300m: 3:50.36 1:20.76	500m: 6:32.03 1:21.39	700m: 9:11.13 1:18.39	
	200m: 2:29.60 1:19.12	400m: 5:10.64 1:20.28	600m: 7:52.74 1:20.71	800m: 10:29.42 1:18.29	

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Wettkampf 7, Männer, 800m Freistil

Jahrgang 1994

1. MUFFELS, Rob	94	STE						8:45.26	17,3		
<i>Landesmeister</i>											
100m:	1:01.91	1:01.91	300m:	3:13.51	1:06.00	500m:	5:27.05	1:06.93	700m:	7:39.78	1:06.13
200m:	2:07.51	1:05.60	400m:	4:20.12	1:06.61	600m:	6:33.65	1:06.60	800m:	8:45.26	1:05.48
2. HEIDTMANN, Jacob	94	STE						9:19.05	13,0		
100m:	1:04.80	1:04.80	300m:	3:25.68	1:10.93	500m:	5:47.44	1:10.97	700m:	8:09.66	1:10.76
200m:	2:14.75	1:09.95	400m:	4:36.47	1:10.79	600m:	6:58.90	1:11.46	800m:	9:19.05	1:09.39
3. KONHEISER, Lars	94	STE						9:37.09	10,7		
100m:	1:07.29	1:07.29	300m:	3:32.47	1:13.29	500m:	5:59.39	1:13.51	700m:	8:26.55	1:13.83
200m:	2:19.18	1:11.89	400m:	4:45.88	1:13.41	600m:	7:12.72	1:13.33	800m:	9:37.09	1:10.54
4. TILLY, Justus	94	STE						9:46.33	9,5		
100m:	1:06.85	1:06.85	300m:	3:32.83	1:13.92	500m:	6:03.61	1:15.56	700m:	8:34.29	1:15.34
200m:	2:18.91	1:12.06	400m:	4:48.05	1:15.22	600m:	7:18.95	1:15.34	800m:	9:46.33	1:12.04
5. VALENTIN, Nico	94	FC Voran e.V. Ohe von 1949						9:46.79	9,4		
100m:	1:08.07	1:08.07	300m:	3:36.60	1:14.49	500m:	6:05.68	1:14.49	700m:	8:33.44	1:13.34
200m:	2:22.11	1:14.04	400m:	4:51.19	1:14.59	600m:	7:20.10	1:14.42	800m:	9:46.79	1:13.35
6. DAHMEN, Mats Broder	94	SG WaRa Norderstedt						9:59.40	7,8		
100m:	1:08.96	1:08.96	300m:	3:39.33	1:16.25	500m:	6:11.59	1:15.65	700m:	8:43.44	1:15.75
200m:	2:23.08	1:14.12	400m:	4:55.94	1:16.61	600m:	7:27.69	1:16.10	800m:	9:59.40	1:15.96
7. RÖHRIG, Philipp	94	SG WaRa Norderstedt						10:16.16	5,7		
100m:	1:09.20	1:09.20	300m:	3:42.47	1:16.45	500m:	6:19.69	1:18.66	700m:	8:58.10	1:18.28
200m:	2:26.02	1:16.82	400m:	5:01.03	1:18.56	600m:	7:39.82	1:20.13	800m:	10:16.16	1:18.06
8. AHRENS, Christoph	94	SG Neumünster						10:58.98			
100m:	1:13.97	1:13.97	300m:	4:03.11	1:25.00	500m:	6:53.06	1:24.58	700m:	9:42.10	1:23.82
200m:	2:38.11	1:24.14	400m:	5:28.48	1:25.37	600m:	8:18.28	1:25.22	800m:	10:58.98	1:16.88

Jahrgang 1995

1. HARGENS, Phil Niclas	95	STE						9:04.70	17,2		
<i>Landesmeister</i>											
100m:	1:01.96	1:01.96	300m:	3:18.48	1:08.93	500m:	5:37.54	1:09.49	700m:	7:57.23	1:09.60
200m:	2:09.55	1:07.59	400m:	4:28.05	1:09.57	600m:	6:47.63	1:10.09	800m:	9:04.70	1:07.47
2. SIERCK, Tobias	95	STE						9:20.72	15,3		
100m:	1:05.58	1:05.58	300m:	3:27.50	1:10.62	500m:	5:49.97	1:11.52	700m:	8:13.34	1:11.32
200m:	2:16.88	1:11.30	400m:	4:38.45	1:10.95	600m:	7:02.02	1:12.05	800m:	9:20.72	1:07.38
3. RÖHRIG, Dominik	95	SG WaRa Norderstedt						9:30.92	14,0		
100m:	1:04.26	1:04.26	300m:	3:29.12	1:12.68	500m:	5:55.14	1:12.61	700m:	8:20.84	1:12.67
200m:	2:16.44	1:12.18	400m:	4:42.53	1:13.41	600m:	7:08.17	1:13.03	800m:	9:30.92	1:10.08
4. NIETSCHKE, Jan-Phillip	95	STE						9:39.59	12,9		
100m:	1:06.48	1:06.48	300m:	3:32.47	1:13.36	500m:	5:58.91	1:13.43	700m:	8:27.01	1:14.01
200m:	2:19.11	1:12.63	400m:	4:45.48	1:13.01	600m:	7:13.00	1:14.09	800m:	9:39.59	1:12.58
5. MALCHOW, Jerrick	95	SG WaRa Norderstedt						9:58.72	10,6		
100m:	1:08.48	1:08.48	300m:	3:38.29	1:15.25	500m:	6:10.12	1:15.99	700m:	8:43.80	1:17.18
200m:	2:23.04	1:14.56	400m:	4:54.13	1:15.84	600m:	7:26.62	1:16.50	800m:	9:58.72	1:14.92
6. BUSCHBECK, Malte	95	SG WaRa Norderstedt						9:59.46	10,5		
100m:	1:08.98	1:08.98	300m:	3:41.50	1:16.59	500m:	6:13.44	1:15.92	700m:	8:45.72	1:16.06
200m:	2:24.91	1:15.93	400m:	4:57.52	1:16.02	600m:	7:29.66	1:16.22	800m:	9:59.46	1:13.74
7. KLUDDT, Thomas	95	SG WaRa Norderstedt						9:59.61	10,4		
100m:	1:09.80	1:09.80	300m:	3:42.09	1:16.69	500m:	6:15.26	1:16.75	700m:	8:47.46	1:16.14
200m:	2:25.40	1:15.60	400m:	4:58.51	1:16.42	600m:	7:31.32	1:16.06	800m:	9:59.61	1:12.15
8. MUNDT, Alexander	95	FC Voran e.V. Ohe von 1949						10:00.60	10,3		
100m:	1:09.16	1:09.16	300m:	3:41.79	1:16.57	500m:	6:14.40	1:15.91	700m:	8:46.95	1:16.04
200m:	2:25.22	1:16.06	400m:	4:58.49	1:16.70	600m:	7:30.91	1:16.51	800m:	10:00.60	1:13.65

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SHSV Meisterschaften "LANGE STRECKEN" 2009
 Elmshorn, 12. - 13.12.2009
 Live-Ergebnisse dienen nur der Information und sind nicht offiziell!

Wettkampf 7, Knaben, 800m Freistil, Jahrgang 1995

Platz	Name	JG	Verein	Zeit	Pkt.
9.	MÜLLER-SCHÖNEMANN, Jan Philipp	95	SG WaRa Norderstedt	10:26.05	7,2
	100m: 1:12.20 1:12.20	300m: 3:48.26 1:18.80	500m: 6:28.18 1:19.65	700m: 9:09.19 1:20.91	
	200m: 2:29.46 1:17.26	400m: 5:08.53 1:20.27	600m: 7:48.28 1:20.10	800m: 10:26.05 1:16.86	
10.	STRÜBING, Lennart	95	Ahrensburger TSV	11:03.12	2,6
	100m: 1:13.84 1:13.84	300m: 4:01.38 1:24.74	500m: 6:51.43 1:25.57	700m: 9:41.81 1:25.22	
	200m: 2:36.64 1:22.80	400m: 5:25.86 1:24.48	600m: 8:16.59 1:25.16	800m: 11:03.12 1:21.31	
11.	DAENE, Lasse	95	Möllner SV	11:24.17	
	100m: 1:16.82 1:16.82	300m: 4:11.23 1:27.81	500m: 7:07.66 1:28.19	700m: 10:03.18 1:27.80	
	200m: 2:43.42 1:26.60	400m: 5:39.47 1:28.24	600m: 8:35.38 1:27.72	800m: 11:24.17 1:20.99	
12.	ADRIA, Maximilian	95	SG WaRa Norderstedt	11:27.45	
	100m: 1:14.94 1:14.94	300m: 4:06.75 1:27.49	500m: 7:04.93 1:29.28	700m: 10:01.90 1:27.86	
	200m: 2:39.26 1:24.32	400m: 5:35.65 1:28.90	600m: 8:34.04 1:29.11	800m: 11:27.45 1:25.55	

Jahrgang 1996

1.	KLÜVER, Lars-Kevin	96	TSV RW Niebüll	9:50.50	14,4
	<i>Landesmeister</i>				
	100m: 1:08.00 1:08.00	300m: 3:36.61 1:14.58	500m: 6:06.68 1:15.08	700m: 8:37.47 1:15.48	
	200m: 2:22.03 1:14.03	400m: 4:51.60 1:14.99	600m: 7:21.99 1:15.31	800m: 9:50.50 1:13.03	
2.	CHRISTIANSEN, Lars	96	TSV Schlutup	10:10.53	12,1
	100m: 1:10.68 1:10.68	300m: 3:44.06 1:17.35	500m: 6:20.41 1:18.38	700m: 8:55.78 1:17.26	
	200m: 2:26.71 1:16.03	400m: 5:02.03 1:17.97	600m: 7:38.52 1:18.11	800m: 10:10.53 1:14.75	
3.	WARSEGOW, Edward	96	SG Neumünster	10:15.30	11,5
	100m: 1:12.53 1:12.53	300m: 3:50.16 1:19.54	500m: 6:26.70 1:17.82	700m: 9:02.52 1:17.86	
	200m: 2:30.62 1:18.09	400m: 5:08.88 1:18.72	600m: 7:44.66 1:17.96	800m: 10:15.30 1:12.78	
4.	VÖLKEL, Lukas	96	Flensburger SK von 1930	10:17.05	11,3
	100m: 1:10.42 1:10.42	300m: 3:45.27 1:18.05	500m: 6:24.09 1:19.66	700m: 9:00.99 1:18.86	
	200m: 2:27.22 1:16.80	400m: 5:04.43 1:19.16	600m: 7:42.13 1:18.04	800m: 10:17.05 1:16.06	
5.	HOFFMANN, Arne	96	Flensburger SK von 1930	10:55.38	6,7
	100m: 1:13.91 1:13.91	300m: 4:01.70 1:24.59	500m: 6:51.06 1:25.82	700m: 9:37.93 1:22.81	
	200m: 2:37.11 1:23.20	400m: 5:25.24 1:23.54	600m: 8:15.12 1:24.06	800m: 10:55.38 1:17.45	
6.	STEINBERG, Lasse	96	STE	11:42.61	1,1
	100m: 1:18.99 1:18.99	300m: 4:16.91 1:30.58	500m: 7:16.19 1:29.91	700m: 10:15.39 1:29.48	
	200m: 2:46.33 1:27.34	400m: 5:46.28 1:29.37	600m: 8:45.91 1:29.72	800m: 11:42.61 1:27.22	

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